



2024 DAY OF ACTION DONATION DRIVE

United Way of Frederick County

Date: Friday, October 4
Time: 9:00-10:00 AM

Where: Nymeo Field at Harry Grove Stadium 21 Stadium Dr, Frederick, MD 21703

WE ARE COLLECTING DONATIONS FOR SHIP & BLESSINGS IN A BACKPACK!

- Shampoo
- Conditioner
- Body Wash
- Ethnic Haircare Products
- Lotion
- Children's Underwear (new with tags)
- Bike Locks
- \$5 gift cards to Walmart, Amazon, Sheetz, McDonald's
- Deodorant
- Individual cereal bowls/boxes
- Cereal/granola bar
- Shelf-stable yogurt
- Laundry detergent

- Fruit pouches or cups
- Sunflower seeds, individual serving only
- Meat sticks (i.e., Jack Links, Slim Jim) individually serving only
- Individually packaged crackers (i.e. Cheez-Its, Goldfish, Animal Crackers)
- Raisins or craisin packets
- Chef Boyardee (or generic brand) ready-to-eat pasta bowls (pop-top lids required)
- Ready-to-eat soup (pop-top lids required)
- · Wireless earbuds

Please avoid family size items, food prepared at home, products that contain peanuts, fresh produce, canned products, high sodium items (+100 mg per package), perishable items & candy, gum or food of no nutritional value.