

LIVE UNITED

Local Dollars = Local Solutions



United Way
of Frederick County



2015-16
Annual Report

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Dear Friends,

I had my first exposure to United Way organization 25 years ago as a young engineer working for FirstEnergy's predecessor in my home town of Akron, OH. As the "new guy," I was asked to be campaign coordinator for my department. Feeling more than slightly intimidated, I volunteered to become involved and since that day, I have believed in United Way's mission to help make our communities a better place to live.

Through the pillars of Health, Education, and Income, United Way is dedicated to making a positive impact throughout our county. The need in Frederick County is great: Over 8% of our neighbors do not have access to health insurance. Access to early childhood education or preschools is not available to all children. More than 10,000 residents live at or below the poverty level and one third are under the age of 18.

We can band together and help all of Frederick County by supporting our local United Way. Let's draw upon the collective good in our community and Live United!

Thank you for supporting United Way of Frederick County.



JIM SEARS
President of the Board of Directors
President, FirstEnergy Corp.
Maryland Operations



Dear Neighbors,

I am delighted to have been appointed as the President and CEO of United Way of Frederick County. It is a true pleasure to be working with such a storied organization, its amazing staff, and an incredibly dedicated Board of Directors.

United Way believes that every individual has great power to affect change for themselves, their families, and their communities. We work locally in Frederick County to harness their energy and create real impact in the areas of health, education, and financial stability. Our increasing focus on volunteer engagement connects individuals with critical issues and our strategic partnerships allow us to invest in the best solutions based on shared goals.

In this publication, we take a look back at the past year. The success stories of the thousands of families and individuals that you will read about in this report—and the many other great results achieved over the past year—are a testament to what we can accomplish when individuals, government, businesses, academia, health agencies, faith-based groups, and other nonprofits join together in a common cause.

It is a great honor to extend my deepest appreciation to my predecessor, Josh Pedersen, who took up the post as the President and CEO of 2-1-1 Maryland in April. On behalf of both of us, I wish to express heartfelt thanks to United Way's partners, donors, advocates, and volunteers. Your compassion for your neighbors, your generosity of spirit and your dedication to the mission are what fuels the work that United Way does every day.

Thank you.



KEN OLDHAM, President and CEO



MEET THE TEAM

JAMES BAKER AmeriCorps VISTA

DAVID BAUSUM Finance Manager

JOSHUA CLEMENS IT Manager

MALCOLM FURGOL

Community Investment Manager

SHANA KNIGHT

Community Engagement Manager

JOYCE KWAMENA-POH

Community Programs & Operations Manager

ANGIE LIDDIARD Prosperity Center Manager

ARZU OZCAN Data Manager

TERRI PERRY Relationship Cultivator

MARKO PETRIC

Resource Development & Communications Associate

PATSY TORRES A Star! AmeriCorps

ROBYN WARDEN Receptionist/ Office Assistant

We'd love to hear from you!
Contact us at info@uwfrederick.org
or 301.663.4231

WHERE DOES YOUR MONEY GO?

HEALTH

More than **4,000** individuals saved **\$434,274** on prescriptions.

\$104,213 in grants for healthy meals, access to care, substance abuse prevention and treatment, eliminating domestic violence and assisting victims.

FINANCIAL STABILITY

Prosperity Savings Account program launched, **15** savers saved **\$12,743.53** and completed **46** hrs of financial education, **1** saver purchased a home.

Assisted **850+** hard-working families with taxes, returning **\$1.2M** and saving them **\$127,800** in prep fees.

\$44,000 in grants for basic needs, financial education.



EDUCATION

Provided **25,000+** school supplies for kids in need.

4 new Born Learning Trails installed across County parks.

120 teens completed **3,600** volunteer hours through Summer Serve, our service learning program.

\$97,125 in grants for preparing children for kindergarten and after school programs.

AND MORE...

Additional funds for critical work distributed to **200+** charitable organizations.

**LOCAL DOLLARS=
LOCAL SOLUTIONS**

Our Focus	Our Goal	What We Do	What You Can Do
Education	We will work with families and schools to improve access to quality, affordable child care and early learning opportunities, and ensure that students graduate on time and ready to work.	We provide early learning programs, after-school activities, tutors, healthy food, school supplies, and other educational opportunities.	<ul style="list-style-type: none"> • Help Stuff the Bus to provide school supplies to low-income kids. • Volunteer to teach a child through the One Million Mentors program or engage your own kids at a Born Learning Trail.
Income	We will decrease the number of financially unstable lower-income families by 50%.	We offer financial literacy courses and programs providing job skills, connect employers to potential applicants, assist residents in paying taxes, and help find affordable housing.	<ul style="list-style-type: none"> • Invest in our Prosperity Center to support programs ensuring financial stability for all. • Act as a volunteer budget coach or tax preparer.
Health	We will ensure that everyone has access to comprehensive, high-quality health care and a safe place to call home.	We work to give everyone access to health care, promote healthy behaviors, and eliminate unhealthy ones such as domestic violence and substance abuse.	<ul style="list-style-type: none"> • Give to the Community Impact fund and support programs to eliminate unhealthy behaviors. • Participate in the My Plate Garden at the Great Frederick Fair. • Teach healthy living habits to your children.

Learn more about our Community Impact work at:
UnitedWayFrederick.org/GamePlan



United Way of Frederick County is committed to helping children and youth achieve their potential through **EDUCATION** by improving **School Readiness**, supporting **Middle School Success**, and ensuring **High School Graduation**.

Improving Academic Achievement For At-Risk Youth YMCA of Frederick County			
GRADING CATEGORIES	School Readiness	A+	ANNUAL HIGHLIGHTS 20-30 students enrolled each quarter 75%+ students consistently on or above grade level in English/Language Arts, as well as Math
	Completion/Success Rate	A+	
	Collaboration	A	
	Overall Grade	A	
3-YEAR GOAL	Students demonstrate improvement in language, arts, and/or math by testing at grade level or above		

School Success In Public Housing Housing Authority of the City of Frederick			
GRADING CATEGORIES	School Readiness	A	ANNUAL HIGHLIGHTS 120 students across five age groups enrolled Over 85% of elementary and middle school students showed improvement 100% non-graduating high school students maintained A's and B's or showed improvement
	Completion/Success Rate	A+	
	Collaboration	A	
	Overall Grade	A	
3-YEAR GOAL	Increase academic success for Housing Authority residents aged birth through college		

BE GREAT: Graduate Boys & Girls Club of Frederick County			
GRADING CATEGORIES	School Readiness	A-	ANNUAL HIGHLIGHTS 200 students on average receiving after-school programming each quarter 70%+ students attended after-school programming regularly, leading to improved academic performance
	Completion/Success Rate	A+	
	Collaboration	A	
	Overall Grade	A	
3-YEAR GOAL	Increase on-time high school graduation rates for students at risk of dropping out		

DEFINITIONS:
 School Readiness: Percentage of students at or above grade level
 Completion/Success Rate: Enrollment vs. completion rates
 Collaboration: Diversity of Participants; Outreach to Partner Agencies; Shared Space; and Complimentary Shared Services toward a Common Goal. The number of different types of collaboration demonstrated determines the grade.
 INC: A grade of Incomplete may be assigned when a community impact partner has completed a considerable amount of work, but specific activity(ies) were not scheduled to take place/end during a given quarter.

2014-2015 Investment:	\$71,000
Number of students served:	Approx. 350
Overall grade for EDUCATION:	A

"Frederick County Public Schools is fortunate to have a partner like United Way. They offer critical resources to our young people; the extremely successful Stuff the Bus campaign alone ensures that thousands of local students have the school supplies they need throughout the school year. The longstanding partnership between FCPS and United Way empowers our students. But because United Way does so much more, their work touches many more lives and enriches our community in many different areas."

- Dr. Terry Alban, Superintendent, Frederick County Public Schools



United Way of Frederick County is committed to helping families become **FINANCIALLY STABLE AND INDEPENDENT** by increasing access to **Income Supports & Subsidies**, building **Savings and Assets**, and improving opportunities for **Affordable Housing**.

Community Enrichment Through Affordable Housing Opportunities & Supportive Services Interfaith Housing Alliance			
INCOME	Income Improves/Success Rate	A	ANNUAL HIGHLIGHTS 67 families received 1-on-1 financial and housing counseling 10 families purchased a home
	Credit Score/Debt Reduction	A+	
	Housing	A+	
	Collaboration	A	
	Overall Grade	A	
3-YEAR GOAL	Frederick County residents will have increased access to affordable quality housing in healthy, vibrant communities		

Opportunities for Success Goodwill Industries of Monocacy Valley, Inc.			
INCOME	Income Improves/Success Rate	A	ANNUAL HIGHLIGHTS 32 participants with developmental disabilities ages 12-20 enrolled in the program 13+ participants received ongoing training and hands-on learning across 6+ different industries
	Credit Score/Debt Reduction	N/A	
	Housing	INC	
	Collaboration	A-	
	Overall Grade	A-	
3-YEAR GOAL	45 youths with intellectual & developmental disabilities will obtain a paid job within 1 year of leaving school or post-secondary education		

Bread of Life Food Resources Center Frederick Rescue Mission			
INCOME	Income Improves/Success Rate	A	ANNUAL HIGHLIGHTS 70,260 meals served 2,000+ received groceries \$2,080.80 in savings per person and \$14,850 in savings per family provided in food value
	Credit Score/Debt Reduction	A	
	Housing	N/A	
	Collaboration	A	
	Overall Grade	A	
3-YEAR GOAL	To ensure that no one in Frederick County goes hungry and to narrow the financial gap between the median and poverty income levels.		

DEFINITIONS:

Income Improves/Success Rate: Percentage of clients who have acquired employment and/or increased wages/salaries/savings.

Credit Score/Debt Reduction: Percentage of clients who have improved their credit score and decreased debt over time. This grade will not apply to the Goodwill Industries of Monocacy Valley, Inc. project.

Housing: Percentage of clients who have transitioned to affordable, stable, permanent housing. This grade does not apply to The Frederick Rescue Mission project.

Collaboration: Diversity of Participants; Outreach to Partner Agencies; Shared Space; and Complimentary Shared Services toward a Common Goal. The number of different types of collaboration demonstrated determines the grade.

INC: A grade of Incomplete may be assigned when a community impact partner has completed a considerable amount of work but specific activity(ies) were not scheduled to take place/end during a given quarter.

2014-2015 Investment	\$33,000
Number of clients served:	2,281
Overall grade for INCOME:	A

"We all need to become more financially responsible and aware of our spending and saving habits, but we especially need to dedicate time and resources for young people to learn about managing a checking account, saving, borrowing, and the value of a good credit history. When we do, it's much more likely they will understand how important it is to build their skills to find a good job. We spend a lot of time teaching kids how to throw a ball, but it might be a whole lot more valuable to show them how to balance a check book!"

- Dave Esworthy, Market President, First United Bank & Trust



United Way of Frederick County is committed to improving people's **HEALTH** by ensuring a **Safe Home and Community**, promoting **Healthy Choices**, and increasing **Access to Health Care**.

Breaking the Cycle of Domestic Violence, Sexual Assault, and Child Abuse Hearty House, Inc.			
GRADING CATEGORIES	Prevention	A	ANNUAL HIGHLIGHTS 3,363 bed nights provided in the shelter 1,800 hotline calls answered and over 2,800 referrals to services, legal assistance, and resources provided
	Care Success / Life Improved	A	
	Collaboration	A	
	Overall Grade	A	
3-YEAR GOAL	Reduce domestic violence deaths and serious injuries by 45% and assault and rape on students and youths, increase reporting and treatment		

Residential Substance Abuse Treatment Program Gale Recovery, Inc.			
GRADING CATEGORIES	Prevention	A+	ANNUAL HIGHLIGHTS 108 – total clients served 71% of residents obtained safe and secure housing upon exit 73% of residents obtained employment
	Care Success / Life Improved	A+	
	Collaboration	A	
	Overall Grade	A+	
3-YEAR GOAL	Decrease substance abuse and increase housing stability for 375 individuals in the county.		

Counseling Services at the Mental Health Association Mental Health Association of Frederick County			
GRADING CATEGORIES	Prevention	A	ANNUAL HIGHLIGHTS 192 clients served 1,809 counseling sessions provided
	Care Success / Life Improved	INC	
	Collaboration	A	
	Overall Grade	A-	
3-YEAR GOAL	Provide mental health services to 342 uninsured County residents and help half of them obtain health insurance		

DEFINITIONS:
 Prevention: Percentage of clients who have improved health conditions and/or decreased re-referral rate.
 Care Success/Life Improved: Percentage of clients who have experienced improved health indicators over multiple categories.
 Collaboration: Diversity of Participants; Outreach to Partner Agencies; Shared Space; and Complimentary Shared Services toward a Common Goal. The number of different types of collaboration demonstrated determines the grade.
 INC: A grade of Incomplete may be assigned when a community impact partner has completed a considerable amount of work but specific activity(ies) were not scheduled to take place/end during a given quarter.

2014-2015 Investment	\$83,638
Number of clients served:	Approx. 4,506
Overall grade for HEALTH:	A

“Healthy lives necessitate sociable communities, availability of medical and support services, affordable childcare options, financial safeguards, access to nutritious foods, and recreation options. What we are finding is that to support the whole individual requires a whole community and that these aims are best met when communities come together and focus their attention, resources, and effort. More and more we are realizing the true impact that each of us has in one another’s healthy lives. Live United.”

- Martha Gurzick, Frederick Memorial Hospital

United Way Programs

United Way works with a variety of different community partners to advance the common good. In addition to our Community Impact Grants and our Live United Grants, United Way conducts several programs in the community that address the root causes of academic achievement, financial stability, and healthy lives.

For more information visit UnitedWayFrederick.org/Programs



Born Learning Trails

Born Learning is a public engagement campaign that helps parents, grandparents and caregivers explore ways to turn everyday moments into fun learning opportunities. On May 27, 2016, 100 HOBY volunteers, accompanied by AmeriCorps NCCC members, installed four new United Way Born Learning Trails in Brunswick, Walkersville, Thurmont and Woodsboro community parks.

FamilyWize Prescription Discount

FamilyWize reduces the cost of prescription medicine for children, families, and individuals by distributing free prescription drug discount cards. These pharmacy discount cards are provided free of charge and reduce the costs for prescription medications for individuals who are uninsured or underinsured. Since FamilyWize began in 2005, this free prescription assistance program has helped more than 4,000 Frederick County Residents save more than \$434,274 on their prescription medications.



unitedwayfrederick.org/familywize

Student United Way

A campus-based, student-led organization, Student United Way works in partnership with United Way. Currently, Student United Way exists on more than 60 campuses across the United States, including two campuses in Frederick: Thomas Johnson High School, led by Andrew Daddone, and Oakdale High School, led by Ryan Groene.



Stuff the Bus

United Way's annual Stuff the Bus school supply drive helps to ensure kids enter school with the tools they need to succeed. The program brings together local non-profits, companies, and organizations with Frederick County Public Schools to collect, sort, and deliver the supplies to local children.

Just last year,

- 1,500+ FCPS students benefited from the supply drive
- 50+ companies and organizations participated as collection sites
- More than 33,000 items were collected unitedwayfrederick.org/bus





Day of Action

Each year hundreds of Frederick County nonprofits rely on the dedication and commitment of local volunteers who pull together to help agencies do more of what they do and do it better. United Way will host the annual Day of Action of October 7th, 2016. unitedwayfrederick.org/DayofAction

In 2015 alone:

- 62 volunteers participated
- 600 volunteer hours were completed
- 10+ area non-profits engaged



Summer Serve

Engaging area youth in a six-week volunteer program, Summer Serve participants volunteer at area non-profits, learning more about United Way's community impact strategies in education, income, and health. This summer, teens participated in various workshops, listened to inspiring speakers, and volunteered with United Way's Community Impact Partners, and other agencies in the area. The program consisted of three separate two-week sessions that provided its participants with a comprehensive understanding of the areas of need in Frederick. After the sessions, a smaller group participated in Leadership Week. They spent time with Mayor Randy Clement, attended a Rotary Club Luncheon, and got to partake in various workshops on leadership and character development. Over the past 3 years the program has provided over 10,000 service hours to the Frederick Community. This year alone, that figure is 3,600 hours. unitedwayfrederick.org/summerserve



United in Kindness: A Community Response to Stop Bullying

United in Kindness is a collaborative program which includes several local non-profit organizations around the county who have an interest in addressing issues of bullying in our schools and neighborhoods. The coalition promotes anti-bullying efforts through public awareness, education, and community forums. These efforts in Frederick County are aligned with the national initiative to stop bullying in our communities. To find out more or to get involved, please visit unitedwayfrederick.org/StopBullying or contact Malcolm Furgol at mfurgol@uwfrederick.org.

My Plate Garden

United Way co-sponsors a My Plate Garden at the Great Frederick Fair with Seed of Life Nurseries, which previously won a national award for best community education project. The My Plate Garden model is now being expanded to Frederick County Elementary Schools, and United Way has sponsored one to be planted at Emmitsburg Elementary School.



Live United Grants

In an effort to remain nimble and responsive to agency and community needs (during on-going funding cycles), United Way of Frederick County offers a Live United Grant each quarter to efficient community programs, in addition to long-term **Community Impact Grants**. Although these grants are designed to meet emerging needs or one-time projects, the overall project outcomes should still align with United Way's focus on education, income, and health. Live United Grants are open to all eligible 501(c)3 organizations and government agencies operating within Frederick County. Organizations are limited to receiving one Live United Grant per year. In our last fiscal year, we dispersed \$57,675 in Live United Grants to 19 local organizations. United Way of Frederick County appreciates

our supporters, donors, volunteers, and those who give their financial resources and time to advance the common good. If you have questions, more information can be found at unitedwayfrederick.org/liveunitedgrants, or contact us directly.

Lollipop Leader

The word "leader" has several different connotations. It has grown from meaning, "the one to simply follow" to "a person who is able to inspire others to do the impossible" or "one who helps their team think outside the box to deal with challenges." Lollipop Leaders do so much more. They pick the members of the team who are falling behind and help them get back to the top. Lollipop Leaders are the ones who encourage their team-mates to be the best, and are recognized as such by the community.



Martin Luther King Jr. Day of Service

Each year, individuals all over the country gather for the federal holiday, a way to commemorate and transform Dr. King's life and teachings into community service that helps empower and strengthen local communities. United Way of Frederick County will host the next Annual Martin Luther King Jr. Day of Service on January 16, 2017. For more information, visit unitedwayfrederick.org/mlk or call 301-663-4231.

DAY OF ACTION



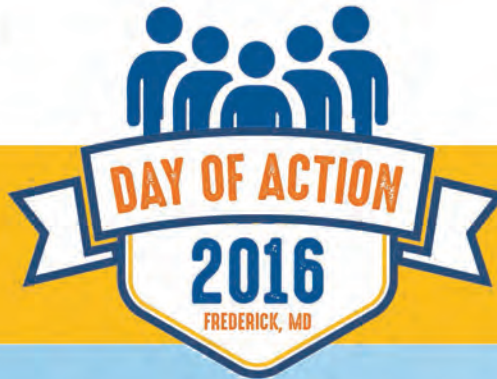
Every year, members of the Frederick community come together to harness the volunteer spirit and improve the conditions in which they live.

As part of the United Way Day of Action, everyone comes together to address the issues that matter the most. They roll up their sleeves and serve on critically needed projects to help our community partner agencies. Day of Action mirrors the work that United Way does year-round: empowering people to affect positive change in their own backyards, and across the world.



Volunteering to help our community partners is a direct and hands-on effort to help the worthy causes that these agencies represent, and goes a long way to assisting them in enhancing the services they provide to the community. We look forward to seeing you on October 7 for another fantastic day of service to our community.

www.unitedwayfrederick.org/DayofAction



Save the Date
Friday, October 7
9 am - 3 pm

Kick-off breakfast at
Bernard W. Brown
Community Center at 9 am



WORKPLACE GIVING CAMPAIGN

What is Workplace Giving?

Whether a small business, a major corporation, or even a non-profit organization, you can join the numerous local businesses and organizations that invest in their community and demonstrate civic leadership by running an annual United Way Workplace Campaign.

Participating in a United Way campaign not only provides your employees with rewarding team-building experiences through volunteerism, but it gives your organization the opportunity to learn firsthand about the needs in our local community and to play a direct role in improving fellow residents' education, financial stability, and health.

How Do You Join?

Every workplace campaign is different and can be shaped around your organization's culture. Setting up and running a campaign is simple, and we can help you every step of the way! To learn more about starting a first-time campaign, visit unitedwayfrederick.org/WorkplaceGiving or contact us at info@uwfrederick.org.

Who's Already Participating?

This year, the caring employees of 166 local companies raised over \$1,000,000 through workplace campaigns. On our behalf and on the behalf of those we serve, a big thank you for investing in our efforts to ensure a better future for our community!

It is impossible to give them all a proper kudos for their amazing work in this short report, so please visit unitedwayfrederick.org/Investors to view the full list of the amazing companies who participated in the 2015 United Way Campaign.



Justin Cordelli
*Board Member,
RD Committee Co-Chair
Insurance Professional,
BluePoint Financial LLC*

"Over the past several years, I've worked with employers of all sizes on customizing the best benefits packages for their employees. United Way Workplace Giving campaigns work in a similar way because United Way works with employers on customizing the best "package" for their employees to give back to their local community. Whether it's by donating money or time, with United Way they can see the real impact their time and donations are making to better our community. Not through short-term fixes, but through long-term change."



Michael McLane
*Campaign Coordinator
Director Medical-Surgical
Services, Behavioral Health
Services, Nursing Resources
and Patient Transportation,
Frederick Memorial Hospital*

"Frederick Regional Health System has the only hospital in Frederick County — a privilege that is coupled with a lot of responsibility, and being involved with the community that we care for is one of them. FRHS has participated in the United Way campaign for many years because it gives members of the FRHS family the opportunity to give back to the community they care for through the various programs the United Way has to offer. Employees participate enthusiastically because they know that their contributions stay right here in our community where we live and work. That is something of which we can be proud of."



Bernard Brown Community Center
 629 North Market, Frederick MD 21701
unitedwayfrederick.org/prosperity

Free Income Tax Preparation

United Way and the Housing Authority of the City of Frederick partner to run the Volunteer Income Tax Assistance (VITA) program with the IRS. This year, volunteers helped over 500 clients file their 2015 taxes, bringing back more than \$850,000 in tax refunds to Frederick County. Call 2-1-1 to schedule an appointment from January to April.

Prosperity Accounts

For every \$1 saved in this program, Prosperity Savings Accounts add a \$3 match to the savings so a saver can go to college, start a business, or buy a house. Or, they could purchase a car with a \$1 savings match.

Poverty Simulation

Poverty Simulations allow participants to role-play the lives of Frederick County's 16,000 working poor. The task of each "family" is to provide food, shelter, and other basic necessities during the simulation while interacting with various community resources.

Free Financial Coaching

The MyBudgetCoach program helps families and individuals improve their ability to budget and make well-informed financial decisions. The coach and member meet for 12 monthly sessions, with each session covering budgeting techniques, financial management, and goal attainment strategies.

Credit Café

The Credit Café is a free event which offers personal credit counseling and practical tips on how to build and maintain a favorable credit score. The ultimate goal is to educate and encourage people to reduce debt, build savings and increase credit scores.

Free Financial Education

In partnership with the Financial Literacy Coalition, free financial education classes are offered throughout Frederick County. A calendar of events can be viewed at prosperitycenter.org/content/event-calendar

The creation and success of the Prosperity Center is a direct result of our past and present partners. We would like to offer a special thanks to the hard work and dedication of those who are helping to ensure a better future for our community.

- 2-1-1
- Advocates for Homeless Families Inc.
- Ausherman Family Foundation
- BB&T Bank
- Federal Deposit Insurance Corporation
- Fort Detrick Alliance
- Frederick Community Action Agency
- Frederick Community College
- Frederick County Affordable Housing Land Trust
- Frederick County Bank
- Frederick County Department of Social Services
- Frederick County Maryland Office of Economic Development
- Frederick County Public Libraries
- Frederick County Public Schools
- Frederick Rescue Mission
- Goodwill of Monocacy Valley
- Habitat for Humanity of Frederick County
- Heartly House, Inc.
- Hood College
- Housing Authority of the City of Frederick
- Interfaith Housing Alliance, Inc.
- M&T Bank
- MD Cash Campaign
- Mental Health Association
- Nymeo Federal Credit Union
- PNC Bank
- Second Chances Garage Inc.
- Seton Center, Inc.
- Sona Bank
- The City of Frederick Maryland Department of Economic Development
- The Community Foundation of Frederick County
- The Religious Coalition for Emergency Human Needs
- United Way of Frederick County
- University of Maryland Extension
- US Department of Health & Human Services/IDA
- Wells Fargo Bank
- Woman to Woman Mentoring
- Woodsboro Bank
- YMCA of Frederick County



CHANGE
 STARTS HERE.
 CAN WE COUNT YOU IN?

COMMUNITY VOLUNTEER OPPORTUNITIES

Best Buddies • RyanWirth@bestbuddies.org • 410-327-9812 ext. 29

Best Buddies Maryland offers a program that matches adults with and without intellectual and developmental disabilities in a mutually beneficial one-to-one friendship. The commitment of the Citizens Program is to communicate with each other at least once a week and to meet at least twice a month.

Blessings in a Backpack • [facebook.com/BlessingsinaBackpackOGES](https://www.facebook.com/BlessingsinaBackpackOGES) • 301-788-7116

Thousands of FCPS children don't have needed food and nourishment. Blessings in a Backpack provides weekend food for many of these kids, and you can help. Sponsor a child with a monetary donation, or donate food for the backpacks. Contact Hermine Bernstein for more information.

Boys and Girls Club of Frederick County • www.bgcf.org • 301-600-1875

Help young people succeed by serving as tutor, coach, referee, playtime monitor, or supervisor for other club activities. Special event planning volunteers are also needed. Volunteer interest forms are available online.

Boy Scouts of America, National Capital Area Council • www.ncacbsa.org • 301-214-9118

Volunteer opportunities include mentoring an Eagle Scout for Eagle Career Day, helping with Scouting for Food, and finding ways to help local Scout groups in your area. We are always glad to work with people who can offer their time and talent.

Community Baby Shower • www.unitedwayfrederick.org • 240-578-4008

A community baby shower entails collecting, assembling, and delivering supplies that ensure a healthy start for newborns. A group of people will collect, sort, and assemble baskets, bags, or other containers of baby essentials.

Daybreak Adult Day Services

<http://daybreakadulddayservices.org/get-involved/volunteer> • 301-696-0808

Looking for volunteers to serve meals and assist with activities such as card games, dominoes, Bingo, karaoke, trivia, and discussion groups. Daybreak is open for volunteers M-F from 9-4. Volunteering for Daybreak is the perfect way to connect with senior citizens. Come share your time and talent!

Diaper Drive • www.unitedwayfrederick.org • 240-578-4008

A diaper drive entails asking community members and local businesses for donations of diapers, wipes, and funds to buy them. Since families cannot purchase diapers with food stamps, this is a great way to help low-income families save money on their bills.

Frederick Community Action Agency • www.cityoffrederick.com/FCAA • 301-600-3955

Volunteers needed to help in the food bank from 2-4 PM (Monday, Tuesday, Thursday, and Friday) and 6-9 PM (Monday and Wednesday). Volunteers over 14 can help in the soup kitchen from 5-7 PM. Those under 18 must be supervised by adult volunteers.

Frederick Memorial Hospital • <http://fmh.org> • 240-566-3567

Frederick Memorial Hospital is looking for adults and college students to volunteer in a variety of service areas both at the hospital and at some of the outpatient facilities. Volunteers commit to a 3-4 hour shift either weekly or biweekly. If interested, please contact Volunteer Services.

Frederick Rescue Mission • www.therescuemission.org/volunteer-application • 301-695-6633

Preparing and serving meals, providing mentorship and support, adopting a family for the holidays, and more opportunities are available.

Gale Recovery • www.galerecovery.org • 301-662-7003

Gale Recovery needs Volunteer Peer Counselors to mentor residents; front desk phone support in the evenings; and office volunteers to help create/manage an Access Database, coordinate other volunteers, and develop personnel forms.

Goodwill • www.gimv.org • 301-663-6893

Serve as a computer class instructor, offer support in classes and with resume writing, or volunteer to help with marketing and photography.

Habitat for Humanity • www.frederickhabitat.org/volunteer • 301-698-2449

Help with construction (no prior experience required) at the Habitat ReStore, with Special Events, in the office, or spruce up homes with A Brush With Kindness.

Heartly House • www.heartlyhouse.org/about/get-involved • 301-662-8800

There are many ways for volunteers to join the great things happening at Heartly House, including helping with childcare, preparing/cleaning transitional homes for residents, and moving furniture.

Interfaith Housing Alliance • www.interfaithhousing.org • 301-662-4225

IHA is always looking for volunteers willing to share their time and talent. There are numerous opportunities, ranging from office work to heavy construction to everything in between.

Literacy Kits • www.unitedwayfrederick.org • 240-578-4008

A literacy kit comprises of a book and a collection of related objects, games, or other activities designed to make reading interactive and enjoyable for young children. Volunteers are also needed to visit schools or Head Start classrooms to read from the book and interact with the kids.

Mental Health Association • www.fcmha.org • 301-663-0011

Help respond to requests on the 211 Hotline or volunteer with the Supervised Visitation Program. Volunteer Advocates for abused/neglected children in the court system also needed. Volunteer receptionists and general office volunteers always welcome.

Mission of Mercy • www.amissionofmercy.org • 301-682-5683

Help organize special events, serve at the health clinic or help behind the scenes in the office. Volunteer healthcare professionals also needed.

The Religious Center for Emergency Human Needs

www.thereligiouscoalition.org • 301-631-2670 x112

Seeking volunteers 18 or older for our year round emergency shelter, to sign in guests, make them feel welcome, assign them beds, enforce shelter rules, and provide mentoring and encouragement. One or two volunteers will be needed each four hour evening shift. You must attend one of the training sessions before registering.

Seton Center • www.setoncenterinc.org • 301-447-6102 x18

If you like to garden, would like to get involved with holiday volunteering, or sponsor a Helping Hands family, please contact us!

Second Street and Hope • 301-639-5962

Second Street and Hope needs your help serving meals on Wednesdays and Saturdays. They also need donations of food, clothing, tents, and other winter items.

Seed of Life Nurseries • <http://solnurseries.info/> • (240)344-6533

Help fight hunger in the community through farming, planting, and meal service. Also volunteer with Seed of Life Nurseries at community events! If interested contact Mike Dickson via phone or email at solnurseries@gmail.com.

Villa Maria • www.catholiccharities-md.org • 410-547-5553

Regular volunteer office help and advisory board members are needed. Apply on the website.

YMCA • <http://frederickymca.org/ways-to-give/volunteer> • 301-663-5131 x1248

Motivate others to improve their lives and be more, inspire youth, or even aid the Board of Directors.

**FOR INFORMATION ABOUT VOLUNTEER OPPORTUNITIES,
CONTACT VOLUNTEER@UWFREDERICK.ORG**

"To leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to have played and laughed with enthusiasm and sung with exultation; to know even one life has breathed easier because you have lived—this is to have succeeded."

— Ralph Waldo Emerson

UPCOMING EVENTS:

Triumph Lives United Golf Tournament

Friday, October 28, 2016

Day of Action

Friday, October 7, 2016



Nikki Moberly and Josh Pedersen, former CEO



Summer Serve participating in Stuff the Bus



Terri Perry, Relationship Cultivator (middle), with Price and Laura Kaler at United Way's golf tournament

We gratefully acknowledge our in-kind donors:

- | | |
|--|---|
| Alex Elman Wine Co. | Lowe's |
| Aspire Women's Clothing Boutique | Madrones Restaurant |
| Audio-Video Group | Mary Ellis |
| Belleza Hair & Nail Studio | McCutcheon's Apple Products |
| BJ's Restaurant & Brewhouse | Molly's Meanderings |
| Black Eyed Susan Restaurant & Catering | Monocacy Crossing Restaurant |
| Brewer's Alley | Nido's Little Italy Ristorante |
| California Tortilla | NUVO Salon & Spa |
| Canapés Catering | Olives Italian Ristorante and Lounge |
| China Garden | The Temple-A Paul Mitchell Partner School |
| CID Entertainment | Terri Perry |
| Citizen Frederick | Pilgrim's Pride Corporation |
| Clearview Car Care | Randall Family, LLC - The Frederick News-Post |
| Comcast | Sonic Drive-In |
| Costco | Studio 509 Salon & Spa |
| Dutch's Daughter | The Tasting Room |
| Famous Dave's | TGI Fridays-Frederick |
| Flaxie Packs | The Orchard Restaurant |
| Franklin Liquors | Thomas Scott Salon & Spa |
| Glory Days Grill | Tito's Vodka |
| Home Depot | Uncle Ralph's Cookies |
| Hunting Creek Outfitters | WLR Automotive Group |
| La Paz Mexican Restaurant | Wolf Furniture |
| Le Parc Bistro | |
| Ledo Pizza | |

United Way gratefully acknowledges our community partners that work with us to improve Frederick County:



- 211 Maryland
- AmeriCorps MD-DC Campus Compact
- A Star! In Western Maryland
- Downtown Frederick Partnership
- Governor's Office on Service and Volunteerism
- Great Frederick Fair
- Frederick Community College
- Frederick County Coalition for the Homeless
- Frederick County Health Care Coalition
- Frederick County Health Department
- Frederick County Literacy Coalition
- Frederick County Public Schools
- Frederick County Workforce Development
- Frederick Memorial Hospital
- Frederick Nonprofit Alliance Chamber of Commerce
- Governor's Health and Human Service Referral Board
- Hood College
- Interagency Early Childhood Committee (IECC)
- Local Management Board of the Frederick County office for Children and Families
- Maryland Nonprofits
- Mount St. Mary's University
- Rotary Club of Carrol Creek/ Frederick Rotary Club
- UNESCO Center for Peace

We are appreciative of organizations who invest in our work through grants:

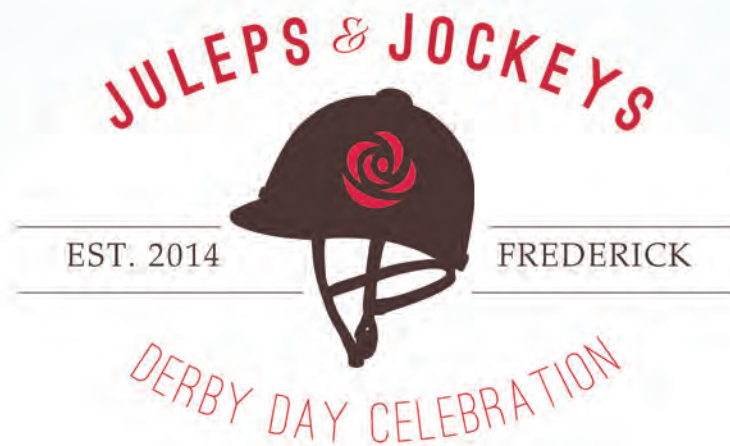
- Bank of America
- Governor's Office on Service and Volunteerism
- US Department of Health and Human Services
- Aushman Family Foundation
- PNC Bank
- Nora Roberts Foundation

United Way of Frederick County



For more information, please visit:
UnitedWayFrederick.org/Investors

THANK YOU FOR SUPPORTING JULEPS & JOCKEYS



United Way is a lot like the Kentucky Derby. Our short celebrations come only after years of dedication and hard work. Live United is a way of life, a tradition, and a long-term solution. Our run is not a sporadic blitz of goodwill or a trendy wave of compassion. United Way has been a part of Frederick for well over 70 years, and we will continue to focus on improving community conditions throughout and beyond the final stretch of the races.

In preparation for its third annual signature event, United Way held hat-making classes with wine and hors d'oeuvre, before hosting Juleps & Jockeys on May 7th, 2016, at the Visitation Academy. Guests were treated to Southern fare and libations as the crowd cheered Nyquist to the finish line.

Despite how impressive a horse might look as it runs across the finish line, there is a whole team of people backing it up. So it is with United Way; although we are able to make great strides in improving education, income, and health, we cannot do it alone. Countless companies, organizations, and individuals donate time, money, and resources to our programs and events. Everything you do, from making a donation to simply coming to our events, helps us as we strive to cross the finish line and ensure that all of Frederick County's citizens are safe, healthy, well-educated, and have enough income. To everyone who participated in Juleps and Jockeys, and to all of those who help with all of our events, you have our sincere appreciation.

Special thanks go to the following contributors:

Alex Elman Wine
Audio/Video Group, LLC
Canapes
Costco
EnMasse Flowers
First Energy
First United Bank & Trust
Flying Dog

Frederick County Bank
Frederick Memorial Hospital
Garth Phoebus Photography
Gary Smith, CPA
M&T Bank
Pilgrim's Pride
Randall Family, LLC (The Frederick News-Post)
Rentals Unlimited

Steven M. Katz CPA, LLC
Studio 509
Terri Perry
Tito's Vodka
WLR Automotive Group, Inc
Woodsboro Bank
Ye Old Spirit Shop



Triumph Group Lives United Golf Tournament at Worthington Manor

Friday, October 28, 2016 • \$125 per person • Shotgun: 9 a.m.

Team/Individual Contact Information

Name of Contact _____

Title _____

Name of Company _____

Address _____

Phone _____

Email _____

Team Participants

Name _____

Name _____

Name _____

Name _____

Please select your method of payment:

Check Payable to United Way of Frederick County

Credit Card

I authorize United Way of Frederick County to charge my

Visa Master Card Discover Card Amex

Card Number _____

Security Code _____ Expiration Date _____

Cardholder's Name _____

Please mail this form and payment by October 28 to:

United Way of Frederick County, 629 N. Market Street, Frederick MD. 21701

For more information or questions, call or email:

301-663-4231 • info@uwfrederick.org

Worthington Manor Golf Club

8329 Fingerboard Road

Urbana, MD 21704

301-874-5400

Schedule:

Breakfast & Registration: 7:30 a.m.

Shotgun: 9 a.m.

Lunch: When finished

Sponsorship Opportunities

\$2,000 Gold Sponsorship

- » Tournament play for two foursomes
- » Acknowledgment with company logo on sign at entrance
- » Recognition during ceremony
- » Hole sponsor sign

\$1,500 Silver Sponsorship

- » Tournament play for twosome
- » Recognition during ceremony
- » Hole sponsor sign

\$750 Putting Green Sponsorship

- » Sign at putting green
- » Putter to be given away by your company
- » Hole sponsor sign

\$500 Driving Range Sponsorship

- » Name on sign at driving range
- » Hole sponsor sign

\$250 Hole Sponsorship

- » Name on sign at hole



TO REGISTER ONLINE VISIT UNITEDWAYFREDERICK.ORG/GOLF2016

WHY I CARE



Farmer Mike Dickson

One evening, my brothers, who were 4 and 3 at the time, were crying and hungry; we hadn't seen our mother in 2 days. As was normal in that time, I took it upon myself to go ask one particular neighbor for food. I told her that I hadn't seen my mom all day and there was no food at home again. She told me to go get my brothers. Now, at 5 years old, we were walking a half a block in the dark, in the cold snow; it seemed like an eternity. That was the last night I ever felt hunger like that. Child Services came and took us away and we moved in with my step-grandparents.

These memories are the motivation behind most of what I do to provide food for our community through the many partnerships Seed of Life has created. There is a saying that goes like this: "It takes a tribe to raise a child." For some indignant reason, our society has strayed from that. We as a community need to re-embrace this lifestyle again so as to feed and build up our children in order to sustain and build our community. Hunger is still prevalent here in Frederick despite all we do. If we are going to conquer this, it is not through providing more food but educating our families to help themselves. It takes a village to raise a community.

United Way of Frederick County's Prosperity Center aims to help people reach financial stability through the Prosperity Savings Account Program. The program, which is also known as an Individual Development Account (IDA), is part of a matched savings program that makes it possible for individuals and families to build financial assets they can use to achieve their goals. The maximum amount that any individual participant in this program can save is \$3,600, which then brings \$10,800 in savings funds due to the 3:1 match ratio.

Mandie Otto—the first graduate of the program—was faced with many challenges and obstacles after she left her husband in 2009 and with that her middle-class lifestyle. The mother of two was lacking money and work experience and in desperate need of a new home. United Way's Prosperity Savings Account Program was the ideal form of assistance for Mandie Otto and enabled her to provide her family with a better lifestyle. Otto said that the Prosperity account "made the whole thing happen" and further noted that the budget coach, who she had to see in order to stay enrolled in the program, provided her with the necessary support and accountability necessary to lift the family of three from a life in poverty to a very prosperous future.



Mandie Otto



This is my second year of being a Summer Serve participant. The big difference between other camps I've been to and United Way's Summer Serve program is community service. We go to other non-profit organizations that partner with United Way to work on projects such as serving food at the Rescue Mission, working on the Seed of Life Farm, and singing karaoke to the seniors at Daybreak. Community service is important to me because it gives me a way to give back and it makes me feel good that I can help. I am happy that the United Way's Summer Serve program allows me to give back. It just makes me feel like a better person when I help the community by doing good deeds.

Nana Amma Intsiful
Grade 7, Ballenger Creek Middle School



THANK YOU!

LOCAL DOLLARS = LOCAL SOLUTIONS

Support our work by filling out the form below
or by donating online at UnitedWayFrederick.org.

I WANT TO SUPPORT UNITED WAY

\$25
 \$50
 \$100
 \$250
 \$500
 \$1000
 \$ _____
 Other

 MR/MRS/MS/.DR FIRST NAME MI LAST NAME

 HOME ADDRESS (for credit card charges, address listed must be your billing address) CITY

 STATE ZIP HOME PHONE E-MAIL

Visa Mastercard Discover American Express

 CARD NUMBER EXPIRATION DATE

 SIGNATURE I wish my gift to remain anonymous

Please clip and mail back to : **United way of Frederick County 629 North Market Street, Frederick, MD 21701**
Wish to donate by check? Please make checks payable to United Way of Frederick County.

making a
difference
in every
community
we serve

At Wegmans, we strive to make a difference in every community we serve. Part of that effort is supporting local, regional, and national organizations.

We're glad we can help.

Wegmans